

## SEK-AAA CASE MANAGEMENT

# IN TOUCH with your needs

Jane and Jack Landreth have always been a little adventurous. The Missouri natives moved to Chanute several years ago after trying out other states just to experience “something new.” With no particular ties to Southeast Kansas but a belief this is where the Lord led them to be, they relocated without a family support system. Now, both age 78, life and its inevitable challenges have begun to catch up with them. Jane suffers from leg and back issues that hinder her mobility, while Jack has been diagnosed with Parkinson’s Disease. “I began to notice trouble with housework - vacuuming, mopping, things like that - and so I started looking for help with house cleaning.”

About a year ago, Jane got connected with the Southeast Kansas Area Agency on Aging and its Case Management

program, designed to help seniors manage their daily needs in order to continue to live comfortably in their own homes for as long as possible.

Jane and Jack were so pleased with the cleaning services provided, they began to consider other SEK-AAA services that might make life easier for them and decided to participate in the organization’s nutrition/meal delivery program. When they also needed help with lawn care and plumbing issues, again SEK-AAA was there to help. And when Jane experienced a fall on her porch steps, the agency stepped in once again to help fund the construction of an accessible ramp.

“We have been so pleased with the agency. These things have been such big helps to us. We’ve found friends in SEK-AAA.”



Southeast Kansas  
AREA AGENCY  
ON AGING

### SERVING THESE SEK COUNTIES:

- ALLEN
- BOURBON
- CHEROKEE
- CRAWFORD
- LABETTE
- MONTGOMERY
- NEOSHO
- WILSON
- WOODSON

### Facts about SEK-AAA Case Management

- Our in-home services may be requested directly by the client - as in Jane’s scenario - or by a client’s family, medical provider or other third parties. We do encourage third-party callers to have the client call themselves so that the agency can verify that the person does indeed want the service.
- Each client is assigned a case manager who meets with them in their home to assess their eligibility for services and their individual needs and provides a step-by-step review of how services will be provided.
- Available assistance may include Homemaker Services (cleaning, laundry, shopping); Attendant Care services (bathing, toileting, getting dressed); Meal delivery; and Lifeline (emergency call button). Other needs, such as grab bars, transportation and material aid may also be discussed.
- As appropriate, the case manager may assist the client in applying for Food Assistance, assistance with payment of utilities, Medicaid, and other community resources.
- The assigned case manager will check in with the client at least quarterly and adjust services based on changes in their health and situation.
- Our hope is that by having a specific case manager assigned to them, the client is comfortable discussing any concerns and needs. Many case managers live in the community where the client resides, so that the case manager is familiar with local resources and can be as helpful as possible to the client.



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SEK-AAA was able to help coordinate and pay for the construction of a new accessible entrance ramp for Jane, who suffers from mobility challenges. Jane’s case manager even installed slip-prevention treads on the ramp herself.



Jane & Jack Landreth, of Chanute, are enjoying their golden years in their own home with a little help from SEK-AAA.



SEK-AAA Case Manager Miranda has had the pleasure of working with Jane for the past year, helping to coordinate a variety of household and professional services.

HELPING YOU  
AGE YOUR WAY!



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www.sekaaa.com