



**Southeast Kansas Area Agency on Aging  
60+ Nutrition  
March 2025 Menu**

Monday	Tuesday	Wednesday	Thursday
<b>3</b>	<b>4</b>	<b>5*</b>	<b>6</b>
Chili Pea Salad Crackers Apricots Milk	Biscuit and Sausage gravy Hard Boiled Eggs Carrots/Raisin Salad Citrus Salad Milk Juice	Salmon Croquette Cream Peas Mashed Potatoes Peaches Milk	Chicken Marinara Spaghetti Noodles Green Beans Breadstick Applesauce Milk
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Chicken & Noodles Green Beans Peaches Slice Of Bread Milk	Beef Patty w/Peppers & Onions Baked Potato Zucchini/Tomatoes Pears Slice of Bread Milk	Meatloaf Mashed Potatoes/Gravy Butter Carrots Mixed Fruit Roll Milk	Taco Salad (lettuce, beans, toms, cheese) Corn Chips Mandarin Oranges Milk
<b>17</b>	<b>18</b>	<b>19*</b>	<b>20</b>
Baked Ham Mac & Cheese Green Beans w/onions Pineapple Roll Milk	Spaghetti w/Meat Sauce Peas Spinach Salad Breadstick Banana Milk	Beef Stew Spinach Salad Crackers Peaches Milk	Cheeseburger/Bun Confetti Corn Spinach Salad Blushing Pears Milk
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Sloppy Joe/Bun Three Bean Salad Macaroni Salad Pears Milk	Chicken & Dressing Green Beans Cranberry Sauce Peaches and Strawberry Roll Milk	Biscuit/Gravy Hard Boiled Egg Carrot Sticks Applesauce 100% Juice Milk	Roast Beef Mashed Potatoes/Gravy Corn Fruit Salad Roll Milk
<b>31</b>	<b>Encouraged Donation of \$2.00</b>		
BBQ Burger/Bun Potato Salad Fiesta Corn Salad Mixed Fruit Milk	Donations can be made out to: SEK-AAA P.O. Box J, Chanute, KS 66720 P: Call Chanute Office 620-431-2980 Online at <a href="http://sekaa.com">sekaa.com</a> To Order or Cancel a Meal Please call between 9 am-12pm the day before. Pittsburg Kitchen 620-232-7443 Coffeyville Kitchen: 620-251-7313 Consultation with SEK-AAA Dietitian may be arranged. This institution is an equal opportunity provider		