

Let us help you connect the dots For your senior loved one



WHAT WE DO

- ACT AS AN ADVOCATE FOR SENIORS.
- Help improve community services to seniors.
- Help seniors remain in their communities and homes.
- Help seniors live happier and more active lives through prevention and intervention.

HOW WE DO IT

- Nutrition programs via community meal sites and home delivery.
- Health insurance counseling, including Medicare Part D assistance.
- Respite care to provide short-term breaks for caregivers (including family members).
- In-home services like laundry and housekeeping.
- Attendant care, such as bathing and dressing.
- Legal services - help with debt relief, housing issues and limited document preparation.



Prior to joining SEK AAA in March 2022, I was familiar with the agency but really had no idea of the vast array of services provided, all with the goal of helping older Kansans remain in their homes and communities of choice as they age. The organization's work became relevant to me as I witnessed my own father's declining health. Exhausted from multiple hospital visits and worry over going to a nursing home, his ultimate wish was to remain at home. I'm so grateful my family was able to honor his wishes. My mother also wishes to age her own way in her own home, and while she is blessed with good health at this time, it's comforting to know I can rely on SEK AAA to provide the services she may need in the future. The mission of our organization is now my personal passion, and my staff and I are committed to ensuring everyone in our nine-county service area in Southeast Kansas understands who they can call for quality services when they or a 60+ loved one is in need of support.

KATHY BRENNON, Executive Director

ABOUT AAAs

Area Agencies on Aging (AAAs) were established under the Older Americans Act in 1973 to respond to the needs of older adults and caregivers in every local community. AAAs are the "boots on the ground" organizations charged with helping vulnerable older adults (age 60 and up) live with independence and dignity in their homes and communities.



SERVING 9 COUNTIES IN SEK: ALLEN | BOURBON CHEROKEE | CRAWFORD LABETTE | MONTGOMERY NEOSHO | WILSON WOODSON

In each of our SEK counties of service, people age 60 and over represent 25% or more of the population. Accommodating the extensive needs of this population is both an enormous task and a privileged opportunity to positively impact the quality of life for these beloved individuals. SEK AAA receives federal, state and local funding and also accepts private contributions to support its outreach.



Helping you age your way

Call us to learn more!

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